
GLUTEN-FREE POTATO-FRUIT COOKIES

Salient features

- Made from whole potatoes (with peel)
- Potato of any shape, size, sugar content, dry matter and variety can be used, even partially damaged potatoes can be used
- Shelf-life up to 4 months

Advantages

- ✓ Rich in fiber and potassium
- ✓ Low sodium
- ✓ Suitable for gluten intolerant or wheat allergic population
- ✓ Also suitable for Navratri or other festive *Upvaas*.



Process

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Technology /

Division of Crop Physiology, Biochemistry and Post-harvest Technology,

Product

ICAR-Central Potato Research Institute, Jalandhar Station, Punjab

developed by

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2021

Source of funding

ICAR

More

information

Status of commercialization / Patent / Publications/Technology transfer

Commercialized to 2 firms. Technology transferred to M/s. Devinder Gilhotra, Sharanpur, UP and M/s. Goodrich Cereals, Karnal, Haryana