
POTATO HALWA PREMIX

Salient features

- Made from whole potatoes (with peel)
- Potatoes of any shape, size and variety, even partially damaged potatoes can be used
- Shelf-life up to 9 months
- Instant cooking properties, can be cooked in milk or water

Advantages

- ✓ Gluten-free alternative of wheat-based semolina halwa for gluten intolerant or wheat allergic population
- ✓ Rich in fiber, protein, calcium, potassium and low in fat
- ✓ Also suitable for Navratri or other *Upvaas*.
- ✓ Can be cooked in 10 minutes with minimum amount of fat



Process

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Technology /

Division of Crop Physiology, Biochemistry and Post-harvest Technology,

Product

ICAR-Central Potato Research Institute, Jalandhar Station, Punjab

developed by

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ICAR

More information

Status of commercialization / Patent / Publications/Technology transfer
Ready for commercialization